BIKE COURSE

- 112 Miles
- One-Loop
- The Woodlands, Texas

The one-loop bike course will take athletes west through The Woodlands before heading north to the scenic, rolling farmland of east Texas. After passing through the National Forest, athletes will head back towards The Woodlands. The course is mostly flat but features some rolling hills.

TURN BY TURN

- Start on Lake Robbins Drive
- Right on Six Pines Drive
- Right on to Woodlands Parkway
- Right on to FM 2978
- Right on to Egypt Lane
- Straight on to Conroe Huffsmith Road
- Left on to Weisinger Drive
- Left on to Mahogany Way
- Right on to Honea Egypt Road
- Bear right on to Sendera Ranch Road
- Left on to FM 2854
- Straight on to Lone Star Parkway
- Right on to FM 149
- Right on to Osborne Road
- Left on to FM 1375
- Right on to FM 149
- Right on to Bethel Road
- Left on to Taliaferro Road
- Left on to County Road 209
- Left on to Bays Chapel Road
- Right on to FM 149
- Left on to FM 2562
- Left on to 2819
- Right on to FM 1486
- Left on to Jackson Road
- Left on to FM 1488
- Right on to Tamina Road
- Right on to FM 2978
- Left on to Greenmoor Drive
- Right on to May Valley Circle
- Left on to West Branch Crossing
- Right on to Woodlands Parkway
- Right on to Flintridge Drive
- Right on to South Panther Creek Drive
- Right on to Woodlands Parkway
- Left on Grogan's Mill
- Right on Lake Robbins to transition

MM MILE MARKERS 1 AID STATIONS T TRANSITION AREA

MEMORIAL HERMANN IRONMAN TEXAS
NORTH AMERICAN CHAMPIONSHIP
PRESENTED BY WASTE MANAGEMENT

Taliaferro Rd.
FM 1791
Co Rd. 209
Bays Chapel Rd.
FM 149
Bethel Rd.
FM 1375
Osborne Rd.
FM 2562
FM 2819
FM 1486
Johnson Rd.
N. Mount Mariah Rd.
FM 1774
105
Lone Star Pkwy.
Mock Ln.
Jackson Rd.
FM 1488
Honea Egypt Rd.
Conroe Huffsmith Rd.
Mahogany Way
Weisinger Dr.
Egypt Ln.
Tamina Rd.
FM 2978
Hardin Store Rd.
FM 2854
Terramont Dr.
Sterling Ridge Dr.
Woodlands Pkwy.
W. Branch Crossing Dr.
May Valley Cr.
Greenmoor Dr.
Flintridge Dr.
S. Panther Creek Dr.
Gosling Rd.
Lake Woodlands Dr.
Six Pines Dr.
Lake Robins Dr.
Grogans Mill Rd.
TO FINISH
BIKE START & FINISH
5M 10M 15M 20M 25M 30M 35M 40M 45M 50M 55M 60M 65M 70M 75M 80M 85M 90M 95M 100M 105M 110M